



PLEASANTON RAGE GIRLS SOCCER CLUB CODE OF CONDUCT

The Pleasanton Rage is an all girls' soccer club that makes team and player development its central focus. We offer challenging programs at all levels that demonstrate a strong commitment to the development of the whole player including technical, tactical, physical and psychological areas of our player's development within the team environment. The Pleasanton Rage is committed to being the best girls soccer club in America at helping our teams and players maximize their development towards their potential. In order to achieve our goals, we have adopted this Code of Conduct for the members of the Pleasanton Rage, our players, parents, coaches and Club officials.

You are a representative of the Pleasanton Rage and the city of Pleasanton. Your actions have an impact on how our community is viewed by others. As a result, you are expected to:

- Avoid inappropriate behaviors during practice, games, team or club sponsored events, tournaments and travel (e.g., theft, substance abuse, violent or destructive behavior, etc.)
- Adhere to the rules as set forth by your team and the club.
- Conform to the rules of the game.
- Never argue with or complain about the referee's calls or decisions.
- Control your temper and most of all, resist the temptation to retaliate when you feel you have been wronged.
- Be a good sport by cheering all good plays, whether it is your team's or your opponents.
- Treat all teammates and opponents as you would like to be treated.
- Remember that the goals of the game are to have fun and improve skills.
- Cooperate with all coaches, teammates, opponents and the referees.

In addition, players are expected to:

- Play for the fun of it, not just to please your parents or coach
- Concentrate on playing soccer and on affecting the outcome of the game with your best effort. Work equally hard for your team as for yourself.
- Be ready to play at all practices and games
- Take responsibility for your uniform and equipment

The Pleasanton Rage coaches are expected to serve as teachers and leaders whose actions and attitudes set the tone for the players and the parents. In addition to the above applicable standards, the coaches code of conduct includes:

- Enthusiastically support and practice the "Everyone Plays" philosophy.
- Be reasonable in your demands on the young players time, energy, enthusiasm and performance on the soccer field.
- Impress upon your players that they must abide by the rules of the game at all times.
- Develop team respect for the ability of opponents and for the judgment of the referees and opposing coaches.
- Ensure that your players soccer experience is one of fun and enjoyment (winning is only part of it). Players should never be yelled at or ridiculed for making mistakes or losing a game.
- Set a good example and be generous with your praise when it is deserved. Children need a coach they can respect.
- Keep informed about sound principles of coaching, growth and development principles relating to children.
- Enlist the support of your team's parents in your efforts to instill the proper attitudes and values in the players.
- Check equipment and the facilities that you use. They should meet safety standards and be appropriate for age and ability of your players.
- Follow the advice of a physician when determining when an injured child is ready to play again.

The role that the parents play in the life of a soccer player has a tremendous impact on their experience. In addition to the above applicable standards, the parents are expected to:

- Not force an unwilling child to participate in sports.
- Remember children are involved in organized sports for their enjoyment.
- Teach your child always to play by the rules.
- Teach your child that hard work and an honest effort are often more important than a victory.
- Help your child work toward skill improvement and good sportsmanship in every game. Your child will then be a winner even in defeat.
- Do not ridicule or yell at your child for making a mistake or for losing a game.



PLEASANTON RAGE GIRLS SOCCER CLUB CODE OF CONDUCT

- Set a good example. Children learn best by example.
- Do not publicly question referee judgment and never their honesty.
- Recognize the value and importance of coaches, referees and officials and give them their due respect.
- Support all efforts to remove verbal and physical abuse from youth sporting activities.
- Allow the coach to direct the play of the game.
- Remember that your daughter's career is a long-term growth process and not an end of itself.

The Pleasanton Rage Board of Directors are responsible for providing the direction and organization for the Club, and whose decisions and actions will set the tone for the rest of the members. In addition to the above applicable standards, the Board members are expected to:

- Remember that we exist for the benefit of the players and not the egos of adults
- Conduct the business of the Club with honesty, integrity and openness
- Ensure the Club conforms to the rules established by itself, Al Caffodio District III, GSSL, CYSA-North, USYSA and FIFA
- Make decisions for the good of the Club, not one's personal agenda

Families of the Pleasanton Rage soccer players also are expected to observe certain rules while traveling and residing in hotels. They include:

- All rules of the hotel must be observed
- Use common sense – no running in the hallways, playing in the elevators, throwing items or yelling. Respect the rights of others to quiet, privacy and safety
- Spend your extra time in your room, or if invited, someone else's rooms or in areas specifically designated for recreation. Do not congregate in hallways, lobbies or elevators where you may be annoying others.
- Respond respectfully and return to your room if an adult such as a security guard, hotel staff, another Rage parent, a coach or a hotel guest asks you to alter your behavior
- Parents are responsible for their own children, both players and siblings, and any players they are chaperoning. Always know where your children are, what they are doing and if not with you, when they will return. If players do not follow these guidelines, consequences will fall to the player. If siblings or parents do not follow these guidelines, consequences will fall to the player.

Violations of the Code of Conduct:

Most minor violations of the Code of Conduct should be resolved within the team. Serious or unresolved violations should be reported to the Club's Division VP. The V.P. will conduct a review of the situation and present findings to the Board of Directors who will make the final determination of what action, if any, may be appropriate. If action is deemed necessary by the Board, the available options range from a caution, to personal apology, probation, service work, suspension or as a final step, expulsion from the Club. As a member of the Pleasanton Rage Soccer Club, you are responsible for your own actions and will be held accountable for them.

I have read and understood the above. I agree to abide by this Code of Conduct and understand that my failure to comply may result in suspension or expulsion.

Player's Name (printed)

Parent's Name (Printed)

Player's Name (signature)

Parent's Name (signature)